

Identity Interactive Worksheet

Name _____

Age _____

Instructions

After reviewing the presentation prepared for this lesson, where you will learn about identity and self-expression, complete this worksheet. Fill out the lines below with characteristics that you feel are important to your identity. Think about things that you can easily draw out. For the cultural characteristics on page 2, you will need to identify a symbol that can stand in for each part of your identity. More information is provided below.

Physical Characteristics:

Choose five physical characteristics that you have that you feel make you, you. These five characteristics are things which you can incorporate into your self-portrait.

Ex: Hair color; Hair texture; Eye color; Skin color; Height; Unique qualities such as beauty marks, freckles, widow's peaks, cowlicks, eyebrows

1. _____

2. _____

3. _____

4. _____

5. _____

Cultural Characteristics:

Choose five cultural characteristics that you identify with. These can be whatever you want them to be. Then, identify a visual symbol that you can draw in your self-portrait to reflect your cultural identity.

Ex: Ancestral Home; Religion; Gender; Region; Hobbies

1. _____

a. Symbol: _____

2. _____

a. Symbol: _____

3. _____

a. Symbol: _____

4. _____

a. Symbol: _____

5. _____

a. Symbol: _____